



Aetna Health Inc.

PLAN DESIGN AND BENEFITS – POS Open Access 1912

PLAN FEATURES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Deductible (per calendar year)	\$1,000 Individual \$2,000 Family	\$2,000 Individual \$4,000 Family

All covered expenses accumulate separately toward the participating and non-participating Deductible. Member cost sharing for certain services including member cost sharing for prescription drugs, as indicated in the plan, are excluded from charges to meet the Deductible. Once the Family Deductible is met, all family members will be considered as having met their Deductible for the remainder of the calendar year. No one family member may contribute more than the Individual Deductible amount to the Family Deductible.

Member Coinsurance	20%	50%
Out-of-Pocket Maximum (per calendar year, excludes deductible)	\$3,000 Individual \$6,000 Family	\$6,000 Individual \$12,000 Family excludes any applicable precertification penalty

Only those out-of-pocket expenses resulting from the application of coinsurance percentage and copays (except any deductibles, prescription drug copays, and penalty amounts) may be used to satisfy the Out of Pocket Maximum. All covered expenses accumulate separately toward the participating and non-participating Out-of-Pocket Maximum. Once the Family Out-of-Pocket Maximum is met, all family members will be considered as having met their Out-of-Pocket Maximum for the remainder of the calendar year.

Lifetime Maximum	Unlimited	Unlimited
Payment for services from a Non-Participating Provider*	Not applicable	Professional: 105% of Medicare Facility: 140% of Medicare
Primary Care Physician Selection	Not Required	Not applicable

Precertification Requirement- certain non-participating provider services require precertification or benefits will be reduced. Refer to your plan documents for a complete list of services that require precertification.

Referral Requirement	None	None
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PHYSICIAN SERVICES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Primary Care Physician Visits	Office Hours \$25 copay; After Office Hours/Home: \$30 copay, deductible waived	50%, deductible applies
Specialist Office Visits	\$50 copay, deductible waived	50%, deductible applies
Primary Care Physician E-Visits An E-visit is an online internet consultation between a physician and an established patient about a non-emergency healthcare matter. This visit must be conducted through an Aetna authorized internet E-visit service vendor.	\$25 copay, deductible waived	50%, deductible applies
Specialist E-Visits An E-visit is an online internet consultation between a physician and an established patient about a non-emergency healthcare matter. This visit must be conducted through an Aetna authorized internet E-visit service vendor.	\$50 copay, deductible waived	50%, deductible applies



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Walk-in Clinics Walk-in Clinics are network, free-standing health care facilities. They are an alternative to a physician's office visit for treatment of unscheduled, non-emergency illnesses and injuries and the administration of certain immunizations. It is not an alternative for emergency room services or the ongoing care provided by a physician. Neither an emergency room, nor an outpatient department of a hospital, shall be considered a Walk-in Clinic.	\$50 copay, deductible waived	50%, deductible applies
Maternity OB Visits	20%, deductible applies	50%, deductible applies
Allergy Treatment	Same as applicable participating provider office visit member cost sharing.	50%, deductible applies
Allergy Testing	Same as applicable participating provider office visit member cost sharing	50%, deductible applies
PREVENTIVE CARE	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Routine Adult Physical Exams / Immunizations Age and frequency schedules apply.	\$0 copay, deductible waived	50%, deductible applies
Well Child Exams / Immunizations 7 exams 1st 12 months, 3 exams 13th - 24th months, 3 exams 25th - 36th months, 1 exam per 12 months thereafter to age 18.	\$0 copay, deductible waived	50%, deductible applies
Routine Gynecological Exams One routine exam per calendar year. Includes Pap smear and related lab fees.	\$0 copay, deductible waived	50%, deductible applies
Routine Mammograms One mammogram for females age 35 and over.	\$0 copay, deductible waived	50%, deductible applies
Routine Digital Rectal Exams /Prostate Specific Antigen Test Age/Frequency Schedule may apply.	\$0 copay, deductible waived	50%, deductible applies
Routine (or Preventive) Colorectal Cancer Screening Sigmoidoscopy and Double Contrast Barium Enema (DCBE) - 1 every 5 years for all members age 50 and over, Colonoscopy - 1 every 10 years for all members age 50 and over, Fecal Occult Blood Testing (FOBT) - 1 every year for all members age 50 and over.	\$0 copay, deductible waived	50%, deductible applies
Routine Eye Exams at Specialist	Not Covered	Not Covered
Routine Hearing Screening at PCP Covered only as part of a physical exam.	Subject to Routine Physical Exam cost sharing.	50%, deductible applies



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DIAGNOSTIC PROCEDURES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Diagnostic Laboratory – (if performed as a part of a physician’s office visit and billed by the physician, expenses are covered subject to the applicable physician’s office visit member cost sharing.)	\$0 copay, deductible waived	50%, deductible applies
Diagnostic X-ray except for Complex Imaging Services – outpatient hospital or other outpatient facility	\$50 copay, deductible waived	50%, deductible applies
Diagnostic X-ray for Complex Imaging Services (including but not limited to MRI, MRA, PET and CT Scans)	20%, deductible applies	50%, deductible applies
EMERGENCY MEDICAL CARE	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Urgent Care Provider	\$75 copay, deductible waived	50%, deductible applies
Non-Urgent use of Urgent Care Provider	Not Covered	Not Covered
Emergency Room	\$200 copay, deductible waived	Refer to participating provider benefit.
Non-Emergency Care in an Emergency Room	Not Covered	Not Covered
Ambulance	20%, deductible waived	Refer to participating provider benefit.
HOSPITAL CARE	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Inpatient Coverage (including maternity and transplants. Transplant Coverage is provided at an IOE contracted facility only)	20%, deductible applies	50%, deductible applies
Outpatient Surgery	20%, deductible applies	50%, deductible applies
MENTAL HEALTH SERVICES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Inpatient Limited to 30 days per member per calendar year	20%, deductible applies	50%, deductible applies
Outpatient Limited to 20 visits per member per calendar year	\$50 copay, deductible waived	50%, deductible applies
ALCOHOL/DRUG ABUSE SERVICES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Inpatient Detoxification	20%, deductible applies	50%, deductible applies
Outpatient Detoxification	\$50 copay, deductible waived	50%, deductible applies
Inpatient Rehabilitation Limited to 30 days per member per calendar year	20%, deductible applies	50%, deductible applies
Outpatient Rehabilitation Limited to 45 visits per member per calendar year	\$50 copay, deductible waived	50%, deductible applies



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OTHER SERVICES	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Skilled Nursing Facility Limited to 60 days per member per calendar year	20%, deductible applies	50%, deductible applies
Home Health Care Limited to 60 visits per member per calendar year; 1 visit equals a period of 4 hours or less.	20%, deductible applies	50%, deductible applies
Hospice Care – Inpatient	20%, deductible applies	50%, deductible applies
Hospice Care – Outpatient	20%, deductible applies	50%, deductible applies
Infusion Therapy Provided in the home or physician's office	\$50 copay, deductible waived	50%, deductible applies
Infusion Therapy Provided in an outpatient hospital department or freestanding facility	\$50 copay, deductible applies	50%, deductible applies
Outpatient Rehabilitation Therapy Includes speech, physical and occupational therapy. Limited to 30 visits per calendar year.	\$50 copay, deductible applies	50%, deductible applies
Subluxation (Chiropractic) Limited to 20 visits per member per calendar year.	\$50 copay, deductible waived	50%, deductible applies
Durable Medical Equipment Maximum benefit \$2000 per member per calendar year.	20%, deductible applies	50%, deductible applies
Diabetic Supplies	Prescription drug copay	Not covered
FAMILY PLANNING	PARTICIPATING PROVIDERS	NON-PARTICIPATING PROVIDERS
Infertility Treatment Coverage for only the diagnosis and surgical treatment of the underlying medical cause.	Member cost sharing is based on the type of service performed and the place rendered.	50%, deductible applies
Voluntary Sterilization Including tubal ligation and vasectomy.	Member cost sharing is based on the type of service performed and the place rendered.	50%, deductible applies
PHARMACY – PRESCRIPTION DRUG BENEFITS	PARTICIPATING PHARMACIES	NON-PARTICIPATING PHARMACIES
Retail Up to a 30 day supply at participating pharmacies.	\$10 copay for generic formulary drugs, \$45 copay for brand-name formulary drugs, and \$65 copay for generic and brand-name non-formulary drugs	Not covered
Mail Order Up to a 90 day supply at participating pharmacies.	\$20 copay for generic formulary drugs, \$90 copay for brand-name formulary drugs, and \$130 copay for generic and brand-name non-formulary drugs	Not covered
Specialty CareRx	25% for formulary and non-formulary drugs	Not covered

Specialty CareRx - First Prescription for a self-injectable drug must be filled at a participating retail pharmacy or Aetna Specialty Pharmacy®. Subsequent fills must be through Aetna Specialty Pharmacy®.

No Mandatory Generic (No MG) – Member is responsible to pay the applicable copay only. Plan includes contraceptive drugs and devices obtainable from a pharmacy and diabetic supplies. Precertification included.

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*You may choose providers in our network (physicians and facilities) or may visit an out-of-network provider. Typically, you will pay substantially more money out of your own pocket if you choose to use an out-of-network doctor or hospital. The out-of-network provider will be paid based on Aetna's "recognized charge." This is not the same as the billed charge from the doctor.

Aetna pays a percentage of the recognized charge, as defined in your plan. The recognized charge for out-of-network hospitals, doctors and other out-of-network health care providers is a percentage (100 percent or above) of the rate that Medicare pays them.

You may have to pay the difference between the out-of-network provider's billed charge and Aetna's recognized charge, plus any coinsurance and deductibles due under the plan. Note that any amount the doctor or hospital bills you above Aetna's recognized charge does not count toward your deductible or out-of-pocket maximums.

This benefit applies when you *choose* to get care out of network. When you have no choice in the doctors you see (for example, an emergency room visit after a car accident), your deductible and coinsurance for the in-network level of benefits will be applied, and you should contact Aetna if your doctor asks you to pay more. Generally, you are not responsible for any outstanding balance billed by your doctors in an emergency situation.

What's Not Covered

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are *generally not covered*. **However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased.**

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents, including costs of services before coverage begins and after coverage terminates.
- Cosmetic surgery.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Experimental and investigational procedures, (except for coverage for medically necessary routine patient care costs for Members participating in a cancer clinical trial).
- Hearing aids.
- Home births.
- Immunizations for travel or work.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services unless specifically listed as covered in your plan documents.
- Nonmedically necessary services or supplies.
- Orthotics.
- Over-the-counter medications and supplies
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies, counseling, and prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered in the plan documents.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

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This plan imposes a pre-existing conditions exclusion, which may be waived in some circumstances (that is, creditable coverage) and may not be applicable to you. A pre-existing condition exclusion means that if you have a medical condition before coming to our plan, you might have to wait a certain period of time before the plan will provide coverage for that condition. This exclusion applies only to conditions for which medical advice, diagnosis or treatment was recommended or received or for which the individual took prescribed drugs within 180 days.

Generally, this period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, 180 day lookback period ends on the day before the waiting period begins. The exclusion period, if applicable, may last up to 365 days from your first day of coverage, or, if you were in a waiting period, from the first day of your waiting period.

If you had prior credible coverage within 63 days immediately before the date you enrolled under this plan, then the pre-existing conditions exclusion in your plan, if any, will be waived.

If you had no prior creditable coverage within the 63 days prior to your enrollment date (either because you had no prior coverage or because there was more than a 63 day gap from the date your prior coverage terminated to your enrollment date), we will apply your plan's pre-existing conditions exclusion.

In order to reduce or possibly eliminate your exclusion period based on your creditable coverage, you should provide us a copy of any Certificates of Creditable Coverage you have. Please contact your Aetna Member Services representative at 1-888-702-3862 if you need assistance in obtaining a Certificate of Creditable Coverage from your prior carrier or if you have any questions on the information noted above.

The pre-existing condition exclusion does not apply to pregnancy or to a child under the age of 19. Note: For late enrollees, coverage will be delayed until the plan's next open enrollment; the pre-existing exclusion will be applied from the individual's effective date of coverage.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee any results or outcomes. Consult the plan documents (i.e. Schedule of Benefits, Certificate of Coverage, Evidence of Coverage, Group Agreement, Group Insurance Certificate, and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitations relating to the plan. The availability of a plan or program may vary by geographic service area. Some benefits are subject to limitations or visit maximums. Participating physicians, hospitals and other health care providers are independent contractors and are neither agents nor employees of Aetna. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change. Notice of the change shall be provided in accordance with applicable state law.

If your plan covers outpatient prescription drugs, your plan may include a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally not limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step-therapy, please refer to Aetna's website at Aetna.com, or the Aetna Medication Formulary Guide. Many drugs, including many of those listed on the formulary, are subject to rebate arrangements between Aetna and the manufacturer of the drugs. Rebates received by Aetna from drug manufacturers are not reflected in the cost paid by a member for a prescription drug. In addition, in circumstances where your prescription plan utilizes copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.

Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.



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In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

For more information about Aetna plans, refer to www.aetna.com.

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