

**PLAN DESIGN AND BENEFITS – MC Open Access 1913**

<b>PLAN FEATURES</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Deductible</b> (per calendar year)	\$1,500 Individual \$3,000 Family	\$2,000 Individual \$4,000 Family
All covered expenses accumulate separately toward the participating and non-participating Deductible. Member cost sharing for certain services including member cost sharing for prescription drugs, as indicated in the plan, are excluded from charges to meet the Deductible. Once the Family Deductible is met, all family members will be considered as having met their Deductible for the remainder of the calendar year. No one family member may contribute more than the Individual Deductible amount to the Family Deductible.		
<b>Member Coinsurance</b>	30%	50%
Applies to all expenses unless otherwise stated.		
<b>Out-of-Pocket Maximum</b> (per calendar year, excludes deductible)	\$3,000 Individual \$6,000 Family	\$6,000 Individual \$12,000 Family
Only those out-of-pocket expenses resulting from the application of coinsurance percentage and copays (except any deductibles, prescription drug copays, and penalty amounts) may be used to satisfy the Out of Pocket Maximum. All covered expenses accumulate separately toward the participating and non-participating Out-of-Pocket Maximum. Once the Family Out-of-Pocket Maximum is met, all family members will be considered as having met their Out-of-Pocket Maximum for the remainder of the calendar year.		
<b>Lifetime Maximum</b>	Unlimited	Unlimited
<b>Payment for Non-Preferred Care*</b>	Not applicable	Professional: 105% of Medicare Facility: 140% of Medicare
<b>Primary Care Physician Selection</b>	Not applicable	Not applicable
<b>Pre-Certification Requirements</b> – Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care. Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and is required. Benefits will be reduced by \$400 per occurrence if Certification is not obtained.		
<b>Referral Requirement</b>	None	None
<b>PHYSICIAN SERVICES</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Office Visits to Non-Specialist</b>	\$25 copay, deductible waived	50%, deductible applies
Includes services of an internist, general physician, family practitioner or pediatrician for routine care as well as diagnosis and treatment of an illness or injury and in-office surgery.		
<b>Specialist Office Visits</b>	\$50 copay, deductible waived	50%, deductible applies
<b>Primary Care Physician E-Visits</b> An E-visit is an online internet consultation between a physician and an established patient about a non-emergency healthcare matter. This visit must be conducted through an Aetna authorized internet E-visit service vendor.	\$25 copay, deductible waived	50%, deductible applies
<b>Specialist E-Visits</b> An E-visit is an online internet consultation between a physician and an established patient about a non-emergency healthcare matter. This visit must be conducted through an Aetna authorized internet E-visit service vendor.	\$50 copay, deductible waived	50%, deductible applies

**PLAN DESIGN AND BENEFITS – MC Open Access 1913**

<b>Walk-in Clinics</b> Walk-in Clinics are network, free-standing health care facilities. They are an alternative to a physician's office visit for treatment of unscheduled, non-emergency illnesses and injuries and the administration of certain immunizations. It is not an alternative for emergency room services or the ongoing care provided by a physician. Neither an emergency room, nor an outpatient department of a hospital, shall be considered a Walk-in Clinic.	\$25 copay, deductible waived	50%, deductible applies
<b>Maternity OB Visits</b>	30%, deductible applies	50%, deductible applies
<b>Allergy Testing</b> (given by a physician)	Covered as specialist office visit	50%, deductible applies
<b>Allergy Injections</b> (not given by a physician)	30%, deductible applies	50%, deductible applies
<b>PREVENTIVE CARE</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Routine Adult Physical Exams / Immunizations</b> One exam every 24 months to age 65, then annually thereafter.	\$0 copay, deductible waived	50%, deductible applies
<b>Well Child Exams / Immunizations</b> 7 exams 1st 12 months, 3 exams 13th - 24th months, 3 exams 25th - 36th months, 1 exam per 12 months thereafter to age 18.	\$0 copay, deductible waived	50%, deductible applies
<b>Routine Gynecological Care Exams</b> Includes Pap smear and related lab fees. Frequency schedule applies.	\$0 copay, deductible waived	50%, deductible applies
<b>Routine Mammograms</b> One annually age 35 and over	\$0 copay, deductible waived	50%, deductible applies
<b>Routine Digital Rectal Exam / Prostate Specific Antigen Test</b> - For covered males age 40 and over, frequency schedule applies.	\$0 copay, deductible waived	50%, deductible applies
<b>Routine (or Preventive) Colorectal Cancer Screening</b> Sigmoidoscopy and Double Contrast Barium Enema (DCBE) - 1 every 5 years for all members age 50 and over, Colonoscopy - 1 every 10 years for all members age 50 and over, Fecal Occult Blood Testing (FOBT) - 1 every year for all members age 50 and over.	\$0 copay, deductible waived	50%, deductible applies
<b>Routine Eye Exams at Specialist</b>	Not Covered	Not Covered
<b>Routine Hearing Exams</b> Covered only as part of a routine physical exam.	Paid as part of a routine physical exam.	50%, deductible applies
<b>DIAGNOSTIC PROCEDURES</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Diagnostic Laboratory</b> – (if performed as a part of a physician's office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.)	\$0 copay, deductible waived	50%, deductible applies
<b>Diagnostic X-ray except for Complex Imaging Services</b> – outpatient hospital or other outpatient facility	\$50 copay, deductible waived	50%, deductible applies

**PLAN DESIGN AND BENEFITS – MC Open Access 1913**

<b>Diagnostic X-ray for Complex Imaging Services</b> (including but not limited to MRI, MRA, PET and CT Scans)	30%, deductible applies	50%, deductible applies
<b>EMERGENCY MEDICAL CARE</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Urgent Care Provider</b> (Benefit Availability may vary by location.)	\$75 copay, deductible waived	50%, deductible applies
<b>Non-Urgent Use of Urgent Care Provider</b>	Not Covered	Not Covered
<b>Emergency Room</b> copay waived if admitted	\$250 copay, deductible waived	Paid as Preferred Care
<b>Non-Emergency Care in an Emergency Room</b>	Not Covered	Not Covered
<b>Ambulance</b>	30%, deductible waived	Paid as Preferred Care
<b>HOSPITAL CARE</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Inpatient Coverage</b> Including maternity (prenatal, delivery and postpartum) & transplants	30%, deductible applies	50%, deductible applies
<b>Outpatient Surgery</b>	30%, deductible applies	50%, deductible applies
<b>MENTAL HEALTH SERVICES</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Inpatient</b> Limited to 30 days per member per calendar year Preferred and Non-Preferred combined	30%, deductible applies	50%, deductible applies
<b>Outpatient</b> Limited to 20 visits per member per calendar year Preferred and Non-Preferred combined	\$50 copay, deductible waived	50%, deductible applies
<b>ALCOHOL/DRUG ABUSE SERVICES</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Inpatient Detoxification</b>	30%, deductible applies	50%, deductible applies
<b>Outpatient Detoxification</b>	\$50 copay, deductible waived	50%, deductible applies
<b>Inpatient Rehabilitation</b> Limited to 30 days per member per calendar year Preferred and Non-Preferred combined	30%, deductible applies	50%, deductible applies
<b>Outpatient Rehabilitation</b> Limited to 45 visits per member per calendar year Preferred and Non-Preferred combined	\$50 copay, deductible waived	50%, deductible applies
<b>OTHER SERVICES AND PLAN DETAILS</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Convalescent Facility</b> (skilled nursing facility) Limited to 60 days per member per calendar year Preferred and Non-Preferred combined.	30%, deductible applies	50%, deductible applies
<b>Home Health Care</b> (Limited to 60 visits per member per calendar year Preferred and Non-Preferred combined; 1 visit equals a period of 4 hours or less.	30%, deductible applies	50%, deductible applies
<b>Hospice Care – Inpatient</b>	30%, deductible applies	50%, deductible applies
<b>Hospice Care – Outpatient</b>	30%, deductible applies	50%, deductible applies
<b>Infusion Therapy</b> Provided in the home or physician's office	\$50 copay, deductible waived	50%, deductible applies

**PLAN DESIGN AND BENEFITS – MC Open Access 1913**

<b>Infusion Therapy</b> Provided in an outpatient hospital department or freestanding facility	\$50 copay, deductible applies	50%, deductible applies
<b>Outpatient Short-Term Rehabilitation</b> Limited to 30 visits per member per calendar year Preferred and Non-Preferred combined. Includes speech, physical and occupational therapy.	\$50 copay, deductible applies	50%, deductible applies
<b>Spinal Manipulation Therapy (Chiropractic)</b> Limited to 20 visits per member per calendar year Preferred and Non-Preferred combined	\$50 copay, deductible waived	50%, deductible applies
<b>Durable Medical Equipment</b> Maximum benefit of \$2,000 per member per calendar year, Preferred and Non-Preferred combined	30%, deductible applies	50%, deductible applies
<b>Diabetic Supplies not obtainable at a pharmacy</b>	Covered same as any other medical expense.	Covered same as any other medical expense.
<b>Contraceptive drugs and devices not obtainable at a pharmacy</b> (includes coverage for contraceptive visits)	payable as any other covered expense	payable as any other covered expense
<b>FAMILY PLANNING</b>	<b>PREFERRED CARE</b>	<b>NON-PREFERRED CARE</b>
<b>Infertility Treatment</b> Coverage only for the diagnosis and treatment of the underlying medical condition.	Member cost sharing is based on the type of service performed and the place rendered.	50%, deductible applies
<b>Voluntary Sterilization</b> Including tubal ligation and vasectomy	Member cost sharing is based on the type of service performed and the place rendered.	50%, deductible applies
<b>PHARMACY – PRESCRIPTION DRUG BENEFITS</b>	<b>PARTICIPATING PHARMACIES</b>	<b>NON-PARTICIPATING PHARMACIES</b>
<b>Retail</b> Up to a 30-day supply	\$10 copay for generic formulary drugs, \$45 copay for brand-name formulary drugs, and \$65 copay for generic and brand-name non-formulary drugs	30% of submitted cost after \$10 copay for generic formulary drugs, \$45 copay for brand-name formulary drugs, and \$65 copay for generic and brand-name non-formulary drugs
<b>Mail Order Delivery</b> Up to a 90 day supply.	\$20 copay for generic formulary drugs, \$90 copay for brand-name formulary drugs, and \$130 copay for generic and brand-name non-formulary drugs	Not covered
<b>Specialty CareRx</b>	25% for formulary and non-formulary drugs	Not covered
Specialty CareRx - First Prescription for a self-injectable drug must be filled at a participating retail pharmacy or Aetna Specialty Pharmacy®. Subsequent fills must be through Aetna Specialty Pharmacy®.		
No Mandatory Generic (No MG) – Member is responsible to pay the applicable copay only. Plan includes contraceptive drugs and devices obtainable from a pharmacy and diabetic supplies. Precertification included.		

\*You may choose providers in our network (physicians and facilities) or may visit an out-of-network provider. Typically, you will pay substantially more money out of your own pocket if you choose to use an out-of-network doctor or hospital. The out-of-network provider will be paid based on Aetna's "recognized charge." This is not the same as the billed charge from the doctor.

## PLAN DESIGN AND BENEFITS – MC Open Access 1913

Aetna pays a percentage of the recognized charge, as defined in your plan. The recognized charge for out-of-network hospitals, doctors and other out-of-network health care providers is a percentage (100 percent or above) of the rate that Medicare pays them.

You may have to pay the difference between the out-of-network provider's billed charge and Aetna's recognized charge, plus any coinsurance and deductibles due under the plan. Note that any amount the doctor or hospital bills you above Aetna's recognized charge does not count toward your deductible or out-of-pocket maximums.

This benefit applies when you *choose* to get care out of network. When you have no choice in the doctors you see (for example, an emergency room visit after a car accident), your deductible and coinsurance for the in-network level of benefits will be applied, and you should contact Aetna if your doctor asks you to pay more. Generally, you are not responsible for any outstanding balance billed by your doctors in an emergency situation.

### **What's Not Covered**

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent. The following is a partial list of services and supplies that are generally *not covered*. However, **your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased.**

- All medical or hospital services not specifically covered in, or which are limited or excluded in the plan documents;
- Charges related to any eye surgery mainly to correct refractive errors;
- Cosmetic surgery, including breast reduction;
- Custodial care;
- Dental care and X-rays;
- Donor egg retrieval;
- Experimental and investigational procedures;
- Hearing aids;
- Immunizations for travel or work;
- Infertility services, including, but not limited to, artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents;
- Nonmedically necessary services or supplies;
- Orthotics;
- Over-the-counter medications and supplies;
- Radial keratotomy or related procedures.
- Reversal of sterilization;
- Services for the treatment of sexual dysfunction or inadequacies, including therapy, supplies, counseling and prescription drugs;
- Special duty nursing; and
- Treatment of those services for or related to treatment of obesity or for diet or weight control.

This plan imposes a pre-existing conditions exclusion, which may be waived in some circumstances (that is, creditable coverage) and may not be applicable to you. A pre-existing condition exclusion means that if you have a medical condition before coming to our plan, you might have to wait a certain period of time before the plan will provide coverage for that condition. This exclusion applies only to conditions for which medical advice, diagnosis or treatment was recommended or received or for which the individual took prescribed drugs within 180 days.

## PLAN DESIGN AND BENEFITS – MC Open Access 1913

Generally, this period ends the day before your coverage becomes effective. However, if you were in a waiting period for coverage, 180 day lookback period ends on the day before the waiting period begins. The exclusion period, if applicable, may last up to 365 days from your first day of coverage, or, if you were in a waiting period, from the first day of your waiting period.

If you had prior credible coverage within 63 days immediately before the date you enrolled under this plan, then the pre-existing conditions exclusion in your plan, if any, will be waived.

If you had no prior credible coverage within the 63 days prior to your enrollment date (either because you had no prior coverage or because there was more than a 63 day gap from the date your prior coverage terminated to your enrollment date), we will apply your plan's pre-existing conditions exclusion.

In order to reduce or possibly eliminate your exclusion period based on your creditable coverage, you should provide us a copy of any Certificates of Creditable Coverage you have. Please contact your Aetna Member Services representative at 1-888-802-3862 if you need assistance in obtaining a Certificate of Creditable Coverage from your prior carrier or if you have any questions on the information noted above.

The pre-existing condition exclusion does not apply to pregnancy or to a child under the age of 19. Note: For late enrollees, coverage will be delayed until the plan's next open enrollment; the pre-existing exclusion will be applied from the individual's effective date of coverage.

This material is for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of plan benefits or programs and does not constitute a contract. Aetna does not provide health care services and, therefore, cannot guarantee results or outcomes. Consult the plan documents (i.e. Group Insurance Certificate and/or Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitation relating to the plan. With the exception of Aetna Rx Home Delivery, all preferred providers and vendors are independent contractors in private practice and are neither employees nor agents of Aetna or its affiliates. Aetna Rx Home Delivery, LLC, is a subsidiary of Aetna Inc. The availability of any particular provider cannot be guaranteed, and provider network composition is subject to change without notice.

Some benefits are subject to limitations or visit maximums. Certain services require precertification, or prior approval of coverage. Failure to precertify for these services may lead to substantially reduced benefits or denial of coverage. Some of the benefits requiring precertification may include, but are not limited to, inpatient hospital, inpatient mental health, inpatient skilled nursing, outpatient surgery, substance abuse (detoxification, inpatient and outpatient rehabilitation). When the Member's preferred provider is coordinating care, the preferred provider will obtain the precertification. When the member utilizes a nonpreferred provider, Member must obtain the precertification. Precertification requirements may vary.

If your plan covers outpatient prescription drugs, your plan may include a drug formulary (preferred drug list). A formulary is a list of prescription drugs generally covered under your prescription drug benefits plan on a preferred basis subject to applicable limitations and conditions. Your pharmacy benefit is generally not limited to the drugs listed on the formulary. The medications listed on the formulary are subject to change in accordance with applicable state law. For information regarding how medications are reviewed and selected for the formulary, formulary information, and information about other pharmacy programs such as precertification and step-therapy, please refer to Aetna's website at [Aetna.com](http://Aetna.com), or the Aetna Medication Formulary Guide. Many drugs, including many of those listed on the formulary, are subject to rebate arrangements between Aetna and the manufacturer of the drugs. Rebates received by Aetna from drug manufacturers are not reflected in the cost paid by a member for a prescription drug. In addition, in circumstances where your prescription plan utilizes copayments or coinsurance calculated on a percentage basis or a deductible, use of formulary drugs may not necessarily result in lower costs for the member. Members should consult with their treating physicians regarding questions about specific medications. Refer to your plan documents or contact Member Services for information regarding the terms and limitations of coverage.



**PLAN DESIGN AND BENEFITS – MC Open Access 1913**

Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., that is a licensed pharmacy providing mail-order pharmacy services. Aetna's negotiated charge with Aetna Rx Home Delivery may be higher than Aetna Rx Home Delivery's cost of purchasing drugs and providing mail-order pharmacy services.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Plans are provided by Aetna Life Insurance Company.

For more information about Aetna plans, refer to [www.aetna.com](http://www.aetna.com).

© 2009 Aetna Inc.