Spend your Vitality Bucks® in the HumanaVitality Mall

When you're a member of HumanaVitality, you'll earn Vitality Points™ for completing healthy activities. You get one Vitality Buck® for each Vitality Point you earn. You can redeem your Vitality Bucks at the HumanaVitality Mall for a wide variety of rewards, like some of these great items:

- **Gift codes**
- **Fitness devices**
  - Polar® Fitness Monitors
  - Pedometers
  - Fitbit®
- **Gear and apparel**
  - HumanaVitality gear
- **Electronics**
  - Apple®
  - Cycling discounts

Don’t wait to get started earning your rewards. Raise your Vitality Status™ by earning more Vitality Points for your healthy activities. Members must have at least Bronze Vitality Status to be eligible for reward redemption.

Sign in to [HumanaVitality.com](https://www.humanavitality.com) to see how you can earn more Vitality Points.

*Discounts do not vary by Vitality Status and Vitality Bucks are not used. Purchase method is limited for discount transactions. Merchandise rewards subject to availability and may change without notice. See page 2 for Terms and Conditions. Effective 7/1/2013.*
Earning Vitality Points helps increase your Vitality Status. The higher your Vitality Status, the bigger your HumanaVitality Mall discount.

Here are some examples of how many Vitality Bucks are needed to redeem for merchandise.

<table>
<thead>
<tr>
<th>Number of Vitality Points needed to move up to each Vitality Status level</th>
<th>Mall Discount</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Platinum Vitality Status</strong></td>
<td>10,000 One adult per policy 15,000 combined Two adults* per policy 5,000 additional for each member 18 years and older per policy</td>
</tr>
<tr>
<td><strong>Gold Vitality Status</strong></td>
<td>8,000 One adult per policy 12,000 combined Two adults* per policy 4,000 additional for each member 18 years and older per policy</td>
</tr>
<tr>
<td><strong>Silver Vitality Status</strong></td>
<td>5,000 One adult per policy 8,000 combined Two adults* per policy 3,000 additional for each member 18 years and older per policy</td>
</tr>
<tr>
<td><strong>Bronze Vitality Status</strong></td>
<td>You immediately move up from Blue Vitality Status after completing the Health Assessment</td>
</tr>
</tbody>
</table>

*One adult per policy

**Discounts and rewards available in the HumanaVitality Mall can only be assessed and redeemed by the HumanaVitality primary subscriber.**

- Amazon.com Gift Card: $25 Amazon.com Gift Card
- Humana Gear Pedometer g2.0: Humana Gear Pedometer g2.0


For Arizona Residents: Offered by Humana Health Plan, Inc. or insured by Emphesys Insurance Company or insured or administered by Humana Insurance Company.

Please refer to your Benefit Plan Document (Certificate of Coverage/Insurance or Summary Plan Description) for more information on the company providing your benefits.

Our health benefit plans have exclusions and limitations and terms under which the coverage may be continued in force or discontinued. For costs and complete details of the coverage, call or write your Humana insurance agent or broker.

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